



Your Elder Care Law Specialists

KATTEN & BENSON

KB Times

Celebrate Older Americans-- Age Strong! Live Long!

May is Older Americans Month--a tradition dating back to 1963 to honor the legacies and ongoing contributions of older Americans.

This year's theme--Age Strong! Live Long!--recognizes the diversity and vitality of today's older Americans who span three generations. They have lived through wars and hard times, as well as periods of unprecedented prosperity. They pioneered new technologies in medicine, communications, and industry, while spearheading a cultural revolution that won equal rights for minorities, women and disabled Americans.

These remarkable achievements demonstrate the strength and character of older Americans, and underscore the debt of gratitude we owe to the generations that have given our society so much.

Older Americans are living longer and are more active than ever before. And with the aging of the Baby Boomer generation--the largest generation in our history--our older adult population is expected to grow to 71.5 million by 2030.

While keeping the growing population of older Americans healthy and active will increase the demand for senior services, what is remarkable is the extent to which older Americans themselves are supporting each other. Older Americans are a core component

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Did You Know?

* In 1960 life expectancy was 70 years

* Today life expectancy is 78 years

Google

K & B Honors

Congratulations, Monica, named Attorney Ad Litem of the Year by Guardianship Services.



Our little newsletter has been honored by Constant Contact as an All Star Award Winner!



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of service delivery to other older adults, embodying and modeling the drive to Age Strong! Live Long! They volunteer at group meal sites and deliver meals for Meals on Wheels; they provide transportation; they help with home repairs; and they provide vital counseling, information and referral services. Their energy and commitment reminds all Americans to do their part to enhance the quality of life for older adults.

Everyone here at Katten & Benson salutes the older adults in our community, and we hope that everyone will take the opportunity to

K & B Happenings

Katten & Benson will be at some health fairs in May, so come see us!

May 6, 2010
Burleson Senior Center
216 SW Johnson St.
Burleson, TX
817-295-6611
10 am to 1 pm



May 21, 2010
Haltom City Senior Center
5000 Bernice St.
Haltom City, TX
817-834-8021

Molly's Musings

I have a lot to talk about this month—I'm beginning to get the hang of this writing thing.

First, I'm really proud of Mom (Monica). She was recently named a Rising Star in Texas Super Lawyers magazine. And I can't brag on Mom without bragging on Steve, who was named a Texas Super Lawyer for the third year in a row. I think they're both pretty super, and not just because they are responsible for keeping my food bowl full.



The other thing I wanted to talk about was an article I heard Kim talking about. She said the article was about how older people are wiser, and now there is research to prove it. The article said "that older people are more likely than younger or middle-aged ones to recognize that values differ, to acknowledge uncertainties, to accept that things change over time and to acknowledge others' points of view." The man who wrote the article said "I hope our results will encourage people to assume that older people may have something to contribute for thinking about social problems."

Now, if I could only convince Oliver, that big, younger dog at home, not to mention Picasso and Matisse, the cats, to realize that's true about older dogs, too.

Molly

